

Mission Statement

Henderson Outreach Program, Inc. (HOP) is a not for profit organization designed to provide mental health services, resources and education to at risk youth, their families and school staff in the Pikes Peak region.

Board of Directors

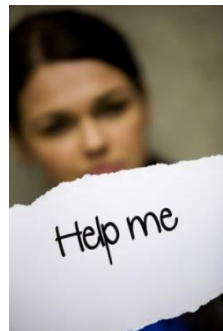
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What are the Signs?

- Persistent unhappiness
- Irritability or anger
- Chronic worry, fear or guilt
- Decline in grades or motivation
- Withdrawal
- Poor self esteem
- Suicidal thoughts
- Substance abuse
- Restlessness or forgetfulness
- Change in eating or sleeping habits

Who's at Risk?

- Victims of bullying
- Family history of violence, abuse, or addictions
- Adolescents with history of mental health issues such as depression or anxiety
- Adolescents who have experienced a death or trauma



**Henderson Outreach
Program, Inc.
In Collaboration with:**

**Henderson Consulting &
EAP Services
Offers**

**Youth Mental Health
Support Services**



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Henderson Outreach Program, Inc.

The Issues

According to Safehorizon.org, nationally there are approximately 1.7 million young people (24 years and under) that call the streets home every year.

According to the National Alliance of Mental Illness (NAMI), one in five children ages 13 to 18 have or will have a serious mental illness.

Suicide among teens is a national problem. More teens die from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza, and chronic lung disease combined.

Our Commitment

Henderson Consulting & EAP Services commitment to the youth and their families is to provide exceptional customer service. We will provide the following services to assist with the prevention of homelessness, suicide prevention, and mental health support for children 18 years of age and under.



Our Services

- **Workshops** –are provided to all El Paso County school districts and are determined based on the needs of each district with emphasis on mental health support, education and suicide prevention
- **Individual Counseling** – is provided by a state registered mental health counselor
- **Family Counseling** – educates the entire family on mental health issues and provides the family with support to manage disruptions in their lives
- **Group Sessions** – are offered to local adolescents and their families
- **Mental Health Evaluation** – are provided by a state registered mental health professional to assess mental health needs and determine appropriate community referrals
- **Referrals** – in conjunction with local community organizations



Make a Difference

If you or anyone you know are struggling with these issues please give them a brochure or call 719-380-1644

